



pura vida news

SEPTEMBER 20 - 26, 2021

Look for the type of activity you want to experience:

- Active Fitness
- Relax-Wellness
- Savor our Flavors
- Culture & Volunteering

where to eat



monday

- Rio Bhongo + Eat-in + Andaz Beach House
- Rio Bhongo & Eat-in + Andaz Beach House
- Rio Bhongo + RB Corner Bar

specials

tuesday

- Rio Bhongo + Eat-in + Andaz Beach House
- Rio Bhongo & Eat-in Andaz Beach House
- Rio Bhongo + RB Corner Bar

wednesday

- Rio Bhongo+ Eat-in + Andaz Beach House
- Rio Bhongo & Eat-in Andaz Beach House
- Rio Bhongo + RB Corner Bar

thursday

- Rio Bhongo + Eat-in + Andaz Beach House
- Rio Bhongo & Eat-in Andaz Beach House
- Rio Bhongo + RB Corner Bar

6:30 p.m Live Music
Rio Bhongo

what to do

- 6:15 a.m. Sunrise Paddle Board Tour
Sombrero Oscuro | \$15**p.p | 1 hr
- 6:30 a.m. HIIT
Onda Spa | \$15**p.p. | 50 min
- 8:00 a.m. Be Strong. Be Functional
Onda Spa | \$15**p.p. | 1 hr
- 8:30 a.m. Hatha Yoga
Onda Spa | \$20**p.p | 1 hr
- 8:30 a.m. Thai Massage
Onda Spa | \$180p.p | 90 min
Individual Session/Book at the Spa
- 9:30 a.m. Lower Body Sculpt
Onda Spa | \$15**p.p. | 50 min
- 10:00 a.m Meditation & Deep Relaxation
Onda Spa | \$15**p.p. | 45 min
- 10:30 a.m. Reiki Session
Onda Spa | \$120p.p. | 60 min
Individual Session/Book at the Spa
- 11:00 p.m. Inside & Outside Fit
Onda Spa | \$15**p.p. | 50min
- 1:15 p.m. Spanish Class
Rio Bhongo | \$15**p.p. | 1 hr
- 1:30 p.m. Intro Sound Healing
Onda Spa | \$35**p.p. | 45 min
- 1:30 p.m. Reiki Session
Onda Spa | \$120p.p. | 60 min
Individual Session/Book at the Spa
- 3:00 p.m. Pottery Paiting
Rio Bhongo | \$16**p.p. | 90 min
- 3:00 p.m. Thai Massage
Onda Spa | \$180p.p | 90 min
Individual Session/Book at the Spa
- 3:00 p.m. Reiki Session
Onda Spa | \$120p.p. | 60 min
Individual Session/Book at the Spa

- 6:00 a.m. Sunrise Run on the Peninsula
Onda Spa | \$15**p.p. | 1 hr | 90 min
- 8:00 a.m. Be Strong. Be Functional
Onda Spa | \$15**p.p. | 1 hr
- 8:00 a.m. Andaz Walk at the Forest
Lounge | \$15**p.p | 1 hr
- 8:30 a.m. Hatha Yoga
Onda Spa | \$20**p.p | 1 hr
- 9:30 a.m. Lower Body Sculpt
Onda Spa | \$15**p.p. | 50 min
- 10:00 a.m Meditation & Deep Relaxation
Onda Spa | \$15**p.p. | 45 min
- 11:00 p.m. Inside & Outside Fit
Onda Spa | \$15**p.p. | 50min
- 1:15 p.m. Spanish Class
Rio Bhongo | \$15**p.p. | 1 hr
- 1:30 p.m. Thai Massage
Onda Spa | \$180p.p | 90 min
Individual Session/Book at the Spa
- 1:30 p.m. Self-Awareness Movement
Onda Spa | \$15**p.p. | 45 min
- 3:00 p.m. Pottery Paiting
Rio Bhongo | \$16**p.p. | 90 min
- 3:00 p.m. Ceviche Class
Rio Bhongo | \$21**p.p. | 75 min
- 3:00 p.m. Intro Sound Healing
Onda Spa | \$35**p.p. | 45 min
- 3:30 p.m. Reiki Session
Onda Spa | \$120p.p. | 60 min
Individual Session/Book at the Spa

- 6:30 a.m. HIIT
Onda Spa | \$15**p.p. | 50 min
- 8:00 a.m. Andaz Walk at the Forest
Lounge | \$15**p.p | 1 hr
- 8:00 a.m. Be Strong. Be Functional
Onda Spa | \$15**p.p. | 1 hr
- 8:30 a.m. Vibe and Flow Yoga
Onda Spa | \$20**p.p | 1 hr
- 9:30 a.m. Lower Body Sculpt
Onda Spa | \$15**p.p. | 50 min
- 10:00 a.m. Canvas Paint Beginners
Sombrero Oscuro | \$20**p.p. | 90 min
- 11:00 p.m. Inside & Outside Fit
Onda Spa | \$15**p.p. | 50min
- 1:15 p.m. Spanish Class
Rio Bhongo | \$15**p.p. | 1 hr
- 1:30 p.m. Reiki Session
Onda Spa | \$120p.p. | 60 min
Individual Session/Book at the Spa
- 2:30 p.m. Snorkeling Tour
Sombrero Oscuro | \$15**p.p | 1 hr
- 3:00 p.m. Pottery Paiting
Rio Bhongo | \$16**p.p. | 90 min

- 8:00 a.m. Andaz Walk at the Forest
Lounge | \$15**p.p | 1 hr
- 8:30 a.m. Rise and Shine Yoga
Onda Spa | \$20**p.p | 1 hr
- 10:00 a.m Here and Now Meditation
Onda Spa | \$15**p.p. | 45 min
- 3:00 p.m. Empanada Class
Rio Bhongo | \$15**p.p. | 75 min
- 4:00 p.m. Intro Sound Healing
Onda Spa | \$35**p.p. | 45 min

complimentary inclusions

Use of snorkel equipment, kayaks, stand up paddle boards (SUP), electric assist bike network, use of beach games, use of ONDA Spa relaxation area, access to indoor and outdoor fitness areas, access to Nature Center, scheduled transportation within Peninsula Papagayo

where to eat



friday

- Rio Bhongo+ Eat-in + Andaz Beach House
- Rio Bhongo & Eat-in + Andaz Beach House
- Rio Bhongo + RB Corner Bar + Chao Pescao

specials

saturday

- Rio Bhongo + Eat-in + Andaz Beach House
- Rio Bhongo & Eat-in Andaz Beach House
- Rio Bhongo + RB Corner Bar + Chao Pescao + Ostra

sunday

- Rio Bhongo + Eat-in + Andaz Beach House
- Rio Bhongo & Eat-in Andaz Beach House
- Rio Bhongo + RB Corner Bar + Chao Pescao + Ostra

- 6:00 a.m. Sunrise Run on the Peninsula
Onda Spa | \$15**p.p. | 1 hr | 90 min
- 6:15 a.m. Sunrise Paddle Board Tour
Sombrero Oscuro | \$15**p.p | 1 hr
- 8:00 a.m. Be Strong. Be Functional
Onda Spa | \$15**p.p. | 1 hr
- 8:30 a.m. Vibe and Flow Yoga
Onda Spa | \$20**p.p | 1 hr
- 9:30 a.m. Lower Body Sculpt
Onda Spa | \$15**p.p. | 50 min
- 10:00 a.m Here and Now Meditation
Onda Spa | \$15**p.p. | 45 min
- 11:00 p.m. Inside & Outside Fit
Onda Spa | \$15**p.p. | 50min
- 1:30 p.m. Reiki Session
Onda Spa | \$120p.p. | 60 min
Individual Session/Book at the Spa
- 3:00 p.m. Mixology Class
Chao Pescao | \$40**p.p. | 90 min

- 8:00 a.m. Andaz Walk at the Forest
Lounge | \$15**p.p | 1 hr
- 1:15 p.m. Spanish Class
Rio Bhongo | \$15**p.p. | 1 hr
- 3:00 p.m. Pottery Paiting
Rio Bhongo | \$16**p.p. | 90 min
- 3:00 p.m. Mixology Class
Chao Pescao | \$40**p.p. | 90 min
- 3:00 p.m. Ceviche Class
Ostra | \$21**p.p. | 75 min

- 8:00 a.m. Andaz Walk at the Forest
Lounge | \$15**p.p | 1 hr
- 8:30 a.m. Hatha Yoga
Onda Spa | \$20**p.p | 1 hr
- 10:00 a.m Meditation & Deep Relaxation
Onda Spa | \$15**p.p. | 45 min
- 1:15 p.m. Spanish Class
Rio Bhongo | \$15**p.p. | 1 hr
- 1:30 p.m. Intro Sound Healing
Onda Spa | \$35**p.p. | 45 min
- 3:00 p.m. Mixology Class
Rio Bhongo | \$40**p.p. | 90 min
- 3:00 p.m. Pottery Paiting
Rio Bhongo | \$16**p.p. | 90 min
- 3:00 p.m. Self-Awareness Movement
Onda Spa | \$15**p.p | 45 min

what to do

important things to know



For Golf Cart Pick-up, concierge & general assistance

Please text us via Whatsapp to

+506 8822-8944

For feedback email us to gscenter.papagayo@andaz.com



Please do not feed the animals

Machinel Trees at the beach may be harmful

Please do not eat their fruit, touch the trees, or stand beneath them during rain.



THE EXPLORERS
PENINSULA PAPAGAYO
COSTA RICA

The Explorers are the only authorized service provider on the beach. Other vendors are not affiliated or recommended by the hotel. Please contact our concierge for safe and enjoyable activities.

Reserve or make it your own

Reserve your space by dialing "0" or ask your host about scheduling a private activity for you or your family. Activities may be cancelled if a minimum attendance is not met or weather does not permit. Prices subject to 13% tax and 10% service charge.