An aerial photograph of a tropical coastline at sunset. The sun is low on the horizon, casting a warm, golden glow over the sky and the water. The foreground shows a dense, dark green forest covering a peninsula that curves into a bay. The water in the bay is calm, reflecting the colors of the sunset. The overall scene is serene and beautiful, capturing the essence of a tropical paradise.

NATURE WITHOUT BORDERS

# WELCOME TO A WORLD OF WONDER

Papagayo Explorers welcomes all explorers staying at Peninsula Papagayo to join our expert team for a world of epic eco-adventures into wide-open wonder. We're here to connect, learn, educate and share in the discovery of the peninsula with you through experiences with purpose. Whether by land or sea. On solo treks or fun-filled family outings. As close as your doorstep, but far beyond your wildest dreams.

## MEET THE TEAM

# YOUR EXPERT GUIDES TO ECO-ADVENTURES

**ORIGIN**  
San Carlos, Alajuela

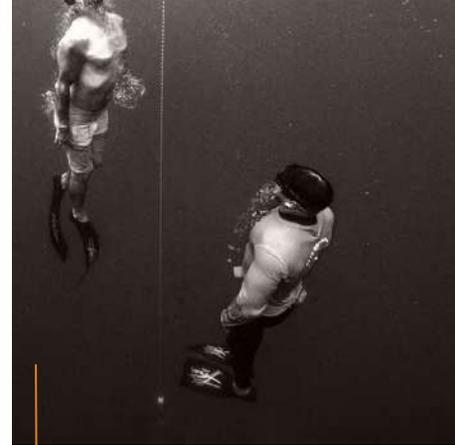
**MAGIC POWER**  
Connecting people with nature and pura vida

**FUN FACT**  
Creator of the Youtube Channel "Ersel Costa Rica"

**GUANACASTE FAVORITE SPOT**  
Bahía Santa Elena



**OPERATIONS MANAGER** **ERSEL AGUILAR**



**RONALD VALVERDE** **LEAD OCEAN GUIDE**

**ORIGIN**  
Pavones, Puntarenas

**MAGIC POWER**  
Making people feel comfortable both on-land and in the ocean

**FUN FACT**  
First person to ever mark sharks in Coco Island

**GUANACASTE FAVORITE SPOT**  
Isla San Pedrillo

**ORIGIN**  
San José, Alajuela

**MAGIC POWER**  
Seeing every off-track trail as a playground

**FUN FACT**  
Can ride downhill on one wheel at 40 mph

**GUANACASTE FAVORITE SPOT**  
Rincón de la Vieja Volcano



**MTB EXPERT** **GABRIEL CHACON**



**JOHNNY HERNANDEZ** **LEAD NATURALIST GUIDE**

**ORIGIN**  
Talamanca, Limón

**MAGIC POWER**  
Interpreting the sound of the forest

**FUN FACT**  
Wildlife photographer on the side

**GUANACASTE FAVORITE SPOT**  
Santa Rosa National Park

CURATED EXPERIENCES

# PENINSULA ADVENTURES

Inspired outdoor pursuits, both on land and water. Explore Peninsula Papagayo's 1,400-acre ecological wonderland and surrounding coastline -all starting right here in our own backyard



EVEN MORE WAYS TO EXPLORE

# RIGHT HERE IN YOUR OWN BACKYARD



## PALMARES

Or our true adventure playground: a 800-acre satch of land largely untouched, save for a few hidden trails known only to your guide. Tucked away from civilization, Palmares provides shelter for a dazzling array of wildlife and will allow you to venture beyond borders.



## NATURE CENTER

All great explorations have to begin somewhere. Many of ours start at the Nature Center - our Nacasclo Basecamp for memorable expeditions and discoveries, past and future.



## WATER BIKE TOUR

## WATER BIKE TOUR

Try the latest craze and check out these quiet, sustainable, human-powered bikes on water. The water bikes provide a unique and nature-friendly way to explore the turquoise waters and the many tropical sandy beaches surrounding Peninsula Papagayo. The bay's calm waters are ideal for spotting rays, sea turtles and myriad fascinating fish. It's so quiet; you can even hear the howlers in the trees!

**WHAT TO EXPECT** A moderate but fun workout, with a break at one of the peninsula's many secluded beaches

**WHAT TO BRING** Hat, sunglasses, bathing suit, towel

**APPROXIMATE DURATION** 2 hours

**RATE** \$115 + tax per person

**AGES** 12 and up

**HEIGHT** 5'0"

## OUTRIGGER CANOE EXPLORATION

Immerse in this world apart while exploring the turquoise waters of our surrounding bays in a traditional Hawaiian-style canoe. Get inspired with the energy of your own body as you perfect your stroke, build endurance and experience the wonders of marine life along the peninsula's dramatic coastline.

**WHAT TO EXPECT** The chance to stop at some of the peninsula's most beautiful beaches and go snorkeling

**WHAT TO BRING** Hat, shorts, sunglasses, bathing suit, towel

**APPROXIMATE DURATION** 2.5 hours

**RATE** \$90 + tax per person

**AGES** 15 and up



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OUTRIGGER CANOE EXPLORATION

## MAGICAL MANGROVES

Few experiences are more magical than touring the mangroves of Palmares - one of the jewels of the peninsula. Venture into this natural sanctuary, and explore a unique ecosystem of eerie "walking trees" able to survive (and thrive) in salty fresh water, creating a rich refuge for wildlife. Take a relaxing paddle through the mangroves in an outrigger canoe or, for a more strenuous workout hop on one of our water bikes.

**WHAT TO EXPECT** A floating safari by way of an outrigger canoe or water bike

**WHAT TO BRING** Hat, water shoes, sunglasses with a strap, bathing suit, towel

**APPROXIMATE DURATION** 2 hours

**RATE** \$115 + tax per person

**AVAILABILITY** Only during high tide. Ask for availability

**AGES** 5 and up

## SEARCH FOR BIOLUMINESCENCE

An evening paddle on Bahia Culebra or Bahia Huevos can take your breath away, especially when there is new moon, during one of the seasonal upwelling in the Golfo de Papagayo. This is when plankton blooms occur and nature's most delicate creatures - millions and millions of them - drift with the current just beneath the surface performing an unforgettable underwater ballet known as bioluminescence.

**WHAT TO EXPECT** The chance to see bioluminescent organisms and different fish

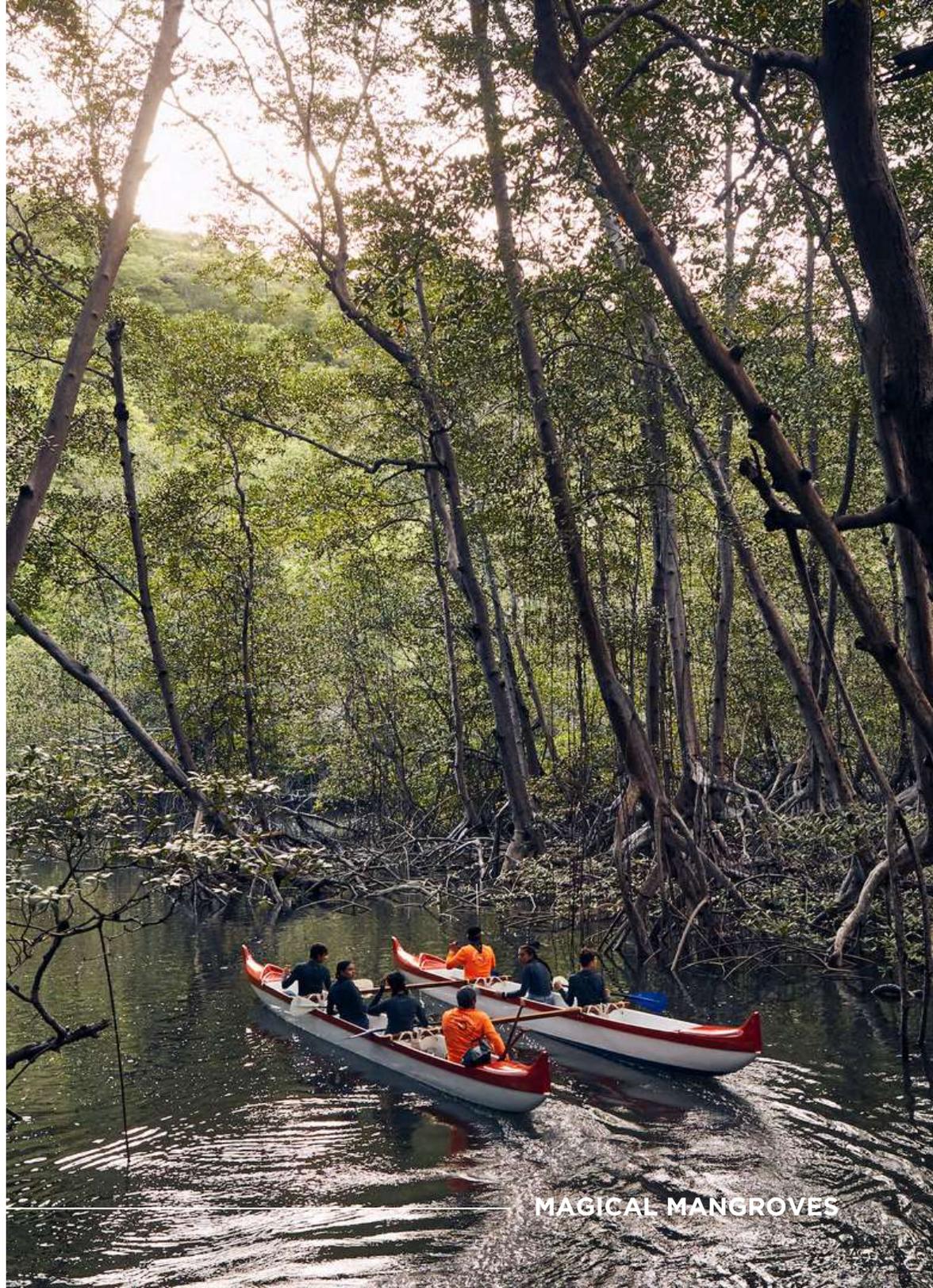
**WHAT TO BRING** Water shoes, comfortable clothes, towel

**APPROXIMATE DURATION** 1.5 hour

**RATE** \$115 + tax per person

**AVAILABILITY** Best during new moon. Ask for availability

**AGES** 5 and up



MAGICAL MANGROVES



## CORAL GARDENING

## CORAL GARDENING

Go deep with our dive masters on a one-of-a-kind rescue mission to clean, catalog and restore our fragile coral reefs struggling to survive in the waters surrounding Papagayo. Aptly called the "rainforest of the sea", these intricate underwater worlds cover just 1% of the ocean floor - but support an incredible 25% of all marine life. Join our remarkable restoration project and help bring back the lost coral reefs. Have fun and dive with purpose - your impact will benefit generations to come.

**WHAT TO EXPECT** The chance to visit and clean our unique coral nurseries, and view mesmerizing marine life of all kinds on two additional dives

**WHAT TO BRING** Coral-friendly sunscreen, hat, sunglasses, bathing suit

**APPROXIMATE DURATION** 3.5 hours

**RATE** \$550 + tax for groups of two (\$275 + tax per additional person)

**REQUIREMENTS** Certified with at least 10 dives

## MOUNTAIN BIKING

Peninsula Papagayo's mangroves, estuaries and forests are a wonderland for mountain biking. Choose from an exciting new collection of Santa Cruz mountain and cross-country bikes, plus new electric-assist of-road bikes by Haibike, both of which boast full suspension. Escape the confines of pavement, connect with nature and journey out for the ride of your life!

**WHAT TO EXPECT** The chance to ride on coastal trails carved through thick tropical forests

**WHAT TO BRING** Comfortable clothes, tennis shoes

**APPROXIMATE DURATION** 3 hours

**RATE** Regular Bikes: \$90 + tax per person  
Ebikes: \$115 + tax per person

**AGES** Regular Bikes: 10 and up / Bikes: 14 and up

## PALMARES WILDERNESS HIKE

You'll never know what you'll encounter in the wilderness of Palmares, where ecosystems converge. This large satch of land is largely untouched, save for a few hidden trails known only to your guide. Tucked away from civilization, Palmares provides shelter for a dazzling array of wildlife. If you're lucky (and very quiet), you might even spot a big cat - a rare experience sure to delight for families with kids.

**WHAT TO EXPECT** The chance to see different birds, like herons, hawks and parrots, plus crabs, reptiles, monkeys and other mammals

**WHAT TO BRING** T-shirt, long pants, hiking shoes, hat, sunglasses

**APPROXIMATE DURATION** 3 hours

**RATE** \$80 + tax per person

**AGES** 5 and up



MOUNTAIN BIKING



PALMARES WILDERNESS HIKE

## BIRD WATCHING & PHOTOGRAPHY

Join our resident naturalist with binoculars and telescope and be ready to see some of the 150-plus bird species that call the peninsula their home. Between others: tiger heron, black hawk, laughing falcon, turquoise-browed motmot, manakin, lineated woodpecker or elegant trogon. It is a wonderful opportunity to practice wildlife photography and have fun exploring the aviary world of Peninsula Papagayo.

**WHAT TO EXPECT** The chance to see and photograph the many birds of the peninsula

**WHAT TO BRING** Comfortable clothes, walking shoes, hat, sunglasses

**APPROXIMATE DURATION** 2 hours

**RATE** \$65 + tax per person

**AGES** 5 and up

## NIGHT WALK

You really haven't experienced the true nature of the peninsula until you witness it after the sun goes down. Embark on a magical nature walk at night through the peninsula's tropical dry forest to discover the mystery of the nocturnal creatures that come out to play after dark. Listen to the wild orchestra. Look for sleeping birds. Surround yourself with nature's built-in fairy lights-fireflies.

**WHAT TO EXPECT** Tarantulas, opossums, bats, porcupines, toads, snakes, geckos and more

**WHAT TO BRING** Comfortable clothes, walking shoes

**APPROXIMATE DURATION** 2 hours

**RATE** \$80 + tax per person

**AGES** 5 and up



**BIRD WATCHING &  
PHOTOGRAPHY**



## MINI EXPLORERS

## MINI EXPLORERS

Discover Costa Rica's natural wonders first hand with fun-filled explorations tailored for our mini adventurers. Guided by expert guides from Papagayo Explorers, become a naturalist for the day; the tour features hands-on cultural, educational and recreational activities, geared to all interests. Let's go and explore: it's another world out there!

**WHAT TO EXPECT** An educative immersion for our tiniest explorers into Costa Rica ecosystem and biodiversity, monkey-ing around and seeking for wildlife

**WHAT TO BRING** Comfortable shoes, hat, sunglasses, walking shoes

**APPROXIMATE DURATION** 2 hours

**AGES** From 5 to 8 years old

**RATE** Please reach out to your Concierge for rate and availability

## PENINSULA NATURE TOUR

Tour Peninsula Papagayo's wildlife paradise in the comfort of a golf cart with a knowledgeable naturalist guide. Relax as you explore nature without borders, taking in pristine landscapes and breathtaking views. There's a good chance you'll spot monkeys, coatis and splendid birds, like parakeets and woodpeckers, while you're busy taking pictures. It's a great experience for kids of all ages who enjoy nature without a lot of walking. Choose an exhilarating day ride or embrace the dark side on a night ride.

**WHAT TO EXPECT** Parrots, parakeets, butterflies, leafcutter ants, blue crabs, iguanas, howler and capuchin monkeys and pizotes, between others.

**WHAT TO BRING** Comfortable shoes, hat, sunglasses, walking shoes

**APPROXIMATE DURATION** 2 hours

**RATE** \$65 + tax per person

**AGES** 5 and up



PENINSULA NATURE TOUR



## OFF-ROADING

## OFF-ROADING

Join us for a heart-pounding off-roading UTV around the Palmares estuary - be ready to get dusty! Stop for a quick nature walk before heading over to the northern peninsula for astounding ocean views, exclusive to adventures with Peninsula Explorers. From there visit Playa Zapotillal to hang out on a secluded beach where there is rarely another soul.

**WHAT TO EXPECT** The chance to explore the areas just around Peninsula Papagayo in UTVs

**WHAT TO BRING** Tennis shoes, shorts, comfortable clothes, sunglasses, hat, change of clothes

**APPROXIMATE DURATION** 3 hours

**RATE** Starting from \$1,000 + tax for groups of four

## EPIC LAND & SEA ADVENTURE

Explore every remote corner of the peninsula on this tour, curated especially for you and your family. Start the day off-roading in the Palmares estuary before stopping at playa Zapotillal for snorkeling, swimming and SUP. Then board on our boat for a picnic lunch while we cruise around the coastline and hop from one secluded beach to another.

**WHAT TO EXPECT** The chance to explore every remote corner of Peninsula Papagayo and the areas just beyond

**WHAT TO BRING** Tennis shoes, shorts, comfortable clothes, sunglasses, hat, change of clothes, bathing suit

**APPROXIMATE DURATION** 5 hours

**RATE** Starting from \$1,800 + tax for groups of four



OFF-ROADING



VENTURE BEYOND

## EXTRAORDINARY JOURNEYS

Personalized, independent and made-to-order experiences outside of Peninsula Papagayo were designed to take you deep into Costa Rica. Check out some of our favorite experiences here, or get in touch with your concierge to begin planning an adventure curated for you and your interests.



**A DAY IN THE RAINFOREST**  
SLOTHS SEEING

**BIJAGUA DE UPALA, ALAJUELA**

**A DAY IN THE RAINFOREST**

Bring the family for a smooth cruise up the volcanic mountains, past the Continental Divide to the evergreen side of the country. From horseback riding in an off-the-grid Costa Rican farm to learning about medicinal plants with Don Gerardo or taking on some adrenaline tubing down the Río Celeste river: the day is for you to curate with our team.

**WHAT TO EXPECT** A fully customized day immersed in traditional Costa Rican culture and exploring the rainforest

**WHAT TO BRING** Hiking shoes, swimsuit, change of clothes, rain jacket, pants and t-shirt

**APPROXIMATE DURATION** 7 hours

**TRAVEL TIME** 1.75-hour drive each way

**RATE** \$1,300 + tax for groups of two. \$350 + tax per additional person



## A DAY IN THE RAINFOREST

HORSEBACK RIDING IN COSTA RICAN HACIENDA

## YOUR DAY, YOUR WAY

Pick and choose between the following activities to customize your perfect day. In order to enjoy a smooth journey, we recommend up to two experiences. Need recommendations? Reach out to your concierge

### Costa Rican Hacienda

Spend the day strolling through the working farm, ranch, organic gardens and plantations of this traditional hacienda. Soak in the wood-fired hot tub, make tortillas, milk cows or relax in the porch rockers to watch the sloths and toucans. On private trails, you may also want to horseback ride through lush meadows, hills and jungles with a two-time national lasso champion.

### Hanging Bridges

Take a guided tour through the core of the rainforest, where suspension bridges allow you to get all the way up into the tree canopy. You may be lucky enough to spot some of the year-round residents blue-jeans frogs and spider monkeys.

### Botanical Experience

Don Gerardo's farm will never cease to amaze us - between the impressive cacao plantation and the many medicinal plants grown on-site, you will get to smell, touch, feel and connect with Costa Rican's roots and ancestral curing techniques, along with learning about the chocolate making process - from seed to bar. A true sensorial journey.

### Tubing in Rio Celeste

Tube down a sparkling turquoise river as you descend through miles of rainforest. At the end, you will reach a collection of natural pools, where you can swing from a rope and plunge into the cool blue water.

CURUBANDÉ, GUANACASTE

## MOUNTAIN BIKING AROUND THE VOLCANO

Calling all avid mountain biking enthusiasts: whether you are a newbie or an avid biker, join one of our pro riders and learn all the secrets and "pro tips" of mountain biking. In this radical biking adventure, the exotic is around every turn. Take the single-track trail, plunge through deep forest cover, over bridges, across rivers - and scream past breathtaking waterfalls while catching incredible views on the slopes of the active volcano of Rincón de la Vieja.

**WHAT TO EXPECT** The chance to ride in the shadow of imposing Rincón de la Vieja volcano

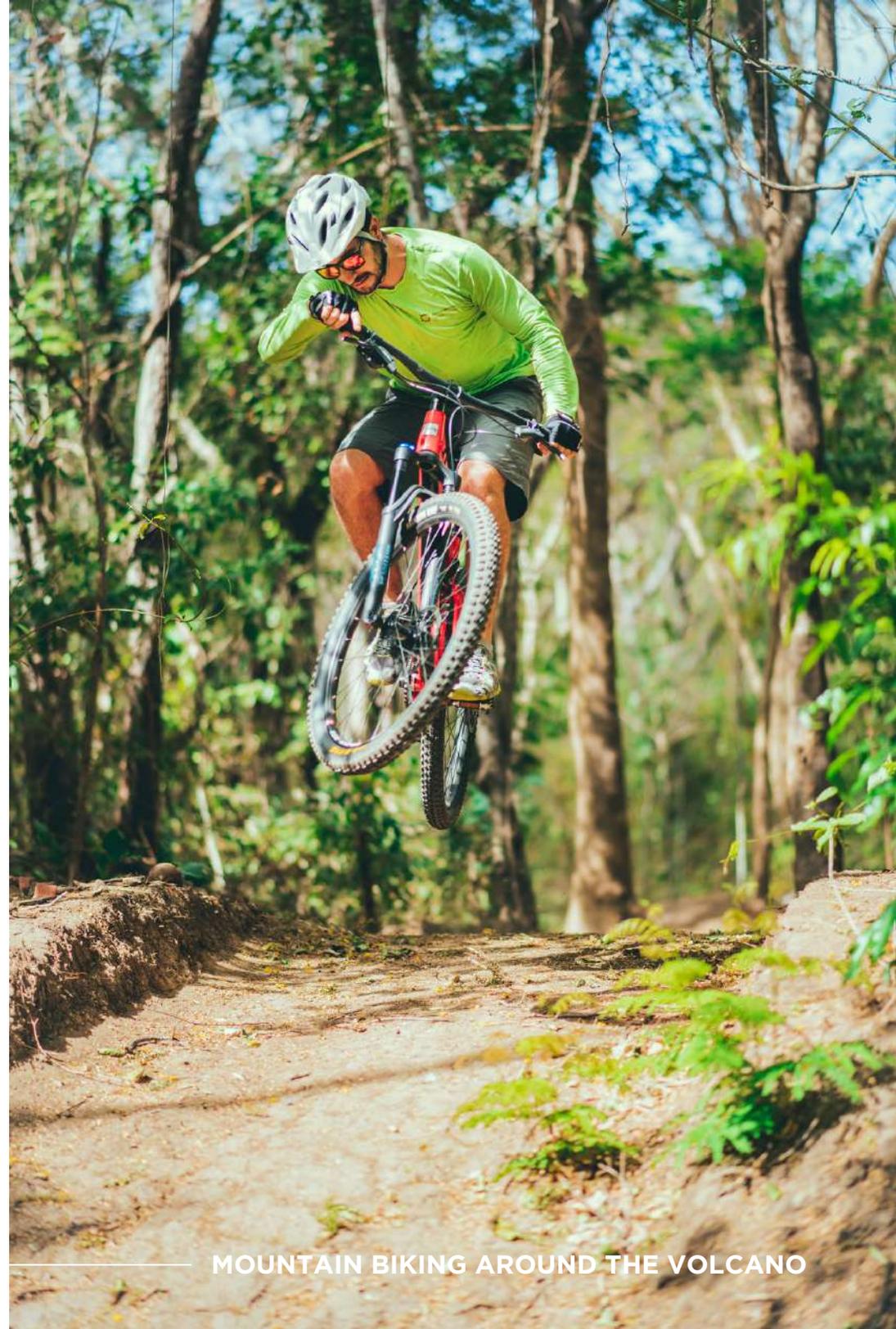
**WHAT TO BRING** Tennis shoes, shorts, hat, T-shirt, sunglasses, change of clothes

**APPROXIMATE DURATION** 7 hours

**TRAVEL TIME** 1.5-hour drive each way

**MIN. EXPERIENCE** Previous MTB experience recommended. Beginner to Advanced skill level

**RATE** \$1,460 + tax for groups of two. \$260 + tax per additional person



MOUNTAIN BIKING AROUND THE VOLCANO



RAFTING IN TENORIO

## RÍO TENORIO, GUANACASTE

### RAFTING IN TENORIO

Adventure in its purest form. The pristine, rushing river of Tenorio does not only guarantee an unforgettable experience but will also charm you by the spectacular scenery all around, with the opportunity to see plenty of wildlife along the way.

While adrenaline amateurs can certainly get their fix on Tenorio river, the sport is safe and fun for people of nearly all ages and abilities.

**WHAT TO EXPECT** An adrenaline and immersive journey into one of the best white water rafting spot in Costa Rica

**WHAT TO BRING** Comfortable shoes, swimsuit, change of clothes and rain jacket

**APPROXIMATE DURATION** 7 hours

**TRAVEL TIME** 1.75-hour drive each way

**AGES** 10 and up

**RATE** \$1,400 + tax for groups of two. \$350 + tax per additional person



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RAFTING IN TENORIO

Contact your concierge for reservations,  
or email [explore@peninsulapapagayo.com](mailto:explore@peninsulapapagayo.com)

**SHARE THE WONDER OF NATURE WITHOUT BORDERS**

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**#papagayoexplorers**

All prices listed in guide are subject to a 13% VAT tax.