

# ACTIVITIES CALENDAR

JAN 16-29, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00am	Chorotegas Walk at the Forest	Chorotegas Walk at the Forest	Chorotegas Walk at the Forest ..... Rise & Shine Yoga	Chorotegas Walk at the Forest ..... Vibe & Flow Yoga	Chorotegas Walk at the Forest ..... Rise & Shine Yoga	Chorotegas Walk at the Forest ..... Vibe & Flow Yoga	Chorotegas Walk at the Forest ..... Rise & Shine Yoga
10:00am	Canvas Painting Art	Canvas Painting Art	Canvas Painting Art ..... Barre Sculpt	Canvas Painting Art ..... Antigravity®	Canvas Painting Art ..... Sound Healing	Canvas Painting Art ..... Antigravity®	Canvas Painting Art ..... Sound Healing
1:00pm			Becoming a Barista	Becoming a Barista	Becoming a Barista ..... Suspended Sound Healing	Becoming a Barista ..... Suspended Sound Healing	Becoming a Barista ..... Suspended Sound Healing
3:00pm	Pottery Painting	Mixology Class ..... Ceviche Class ..... The Art of Nature	Mixology Class ..... Pura Vida Kitchen ..... Here & Now Meditation ..... Pottery Painting	Mixology Class ..... Ceviche Class ..... Restorative Yoga ..... The Art of Nature	Mixology Class ..... Here & Now Meditation ..... Pottery Painting	Mixology Class ..... Pura Vida Kitchen ..... Restorative Yoga ..... The Art of Nature	Mixology Class ..... Here & Now Meditation ..... Pottery Painting

## VINYL DJ SESSIONS

January 18<sup>th</sup>, 19<sup>th</sup>, 24<sup>th</sup> & 25<sup>th</sup> / 6:00pm - 10:00pm

OSTRA



CLICK HERE TO BOOK YOUR ACTIVITIES  
OR VISIT [andazcostarica.as.me](http://andazcostarica.as.me)

Wellness

Nature

Taste our flavors

Culture

Activity cost per person is detailed on the scheduling website.

**CLICK HERE TO BOOK YOUR ACTIVITIES  
OR VISIT [andazcostarica.as.me](http://andazcostarica.as.me)**

ALL ACTIVITIES MUST BE BOOKED IN ADVANCE. Ask your host about scheduling a private activity for you or your family. Activities may be cancelled if a minimum attendance is not met or weather does not permit.



## BEACH ACTIVITIES

Activity cost per person is detailed on the scheduling website.

### GUIDED PADDLE BOARD

**Thursday, Friday, Saturday & Sunday**

8:00am | From Sombrero Oscuro

10:00am | From Beach House

### CORAL SNORKELING **HELP THE ENVIRONMENT!**



**Monday, Tuesday & Wednesday** | 8:00am

From Sombrero Oscuro

Visit a coral nursery and look at the ocean from another perspective. 100% of the cost of the activity will be donated to the Coral Restoration Program.

### GUIDED SNORKELING

**Monday, Tuesday & Wednesday** | 10:00am

From Beach House

### GUIDED KAYAK

**Every day**

2:00pm | From Sombrero Oscuro & Beach House

## COMPLIMENTARY AMENITIES

Use of snorkel equipment, kayaks, stand up paddle boards (SUP), electric assist bike network, use of beach games, use of ONDA Spa relaxation area, access to indoor and outdoor fitness areas, access to Nature Center, scheduled transportation within Peninsula Papagayo





## PENINSULA ADVENTURES

Join the Papagayo Explorers and explore the peninsula. Zipline, hike, mountain bike, paddle through a magical mangrove or more.

Get in touch with concierge, [click here](#), or visit [papagayoexplorers.com](http://papagayoexplorers.com)



## RESTAURANTS

	HOURS OF OPERATION	CLOSURES	SPECIALS
	Dinner: 5:30pm - 10:00pm		<b>Vinyl DJ:</b> January 18 <sup>th</sup> January 19 <sup>th</sup> January 24 <sup>th</sup> January 25 <sup>th</sup>
	Dinner: 5:30pm - 10:00pm	January 27 <sup>th</sup> Closed for dinner	<b>Live Music:</b> January 20 <sup>th</sup> January 21 <sup>st</sup> January 22 <sup>nd</sup> January 23 <sup>th</sup> January 26 <sup>th</sup> January 29 <sup>th</sup>
	Breakfast: 6:30am - 10:30am Lunch: 12:00pm - 4:30pm Dinner: 5:30pm - 10:00pm	Closed for dinner: January 22 <sup>nd</sup> January 23 <sup>rd</sup> January 29 <sup>th</sup>	
	Lunch: 11:00am - 4:00pm	January 29 <sup>th</sup> Closes at 2:00pm	

### EAT-IN

Room service: 24 hours

## TRANSPORTATION TO BEACH HOUSE

### BOAT SERVICE HOURS

Starts at 9:30am from Sombrero Oscuro

12:00pm to 1:00pm - No service. Last trip at 4:00pm from Beach House

*(Subject to change due to weather conditions. To confirm boat service is operating, dial 0)*

### SHUTTLE SERVICE HOURS

Península shuttle 6:00am to 10:00pm

Every 30 minutes from the Lobby

Service to Beach House starts at 9:30am from Lobby