

ACTIVITIES CALENDAR

MAR 13 - 26, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00am	Chorotegas Walk at the Forest Vibe & Flow Yoga	Chorotegas Walk at the Forest Rise & Shine Yoga	Chorotegas Walk at the Forest Vibe & Flow Yoga	Chorotegas Walk at the Forest Rise & Shine Yoga	Chorotegas Walk at the Forest Vibe & Flow Yoga	Chorotegas Walk at the Forest Ancestral Yoga	Chorotegas Walk at the Forest Ancestral Yoga
10:00am	Canvas Painting Art Barre Sculp	Canvas Painting Art Sound Healing	Canvas Painting Art Antigravity®	Canvas Painting Art Sound Healing	Canvas Painting Art Antigravity®	Canvas Painting Art Here & Now Meditation	Canvas Painting Art Sound Healing
1:00pm	Suspended Sound Healing	Latin Dance Class Suspended Sound Healing	Becoming a Barista	Becoming a Barista Latin Dance Class (Thu, March 16)	Becoming a Barista Suspended Sound Healing	Becoming a Barista	Becoming a Barista
3:00pm	Mixology Class Restorative Yoga Pottery Painting	Mixology Class Ceviche Class Here & Now Meditation The Art of Nature	Mixology Class Pura Vida Kitchen Restorative Yoga	Mixology Class Ceviche Class Here & Now Meditation The Art of Nature	Mixology Class Restorative Yoga Pottery Painting	Mixology Class Pura Vida Kitchen The Art of Nature	Mixology Class Pottery Painting
6:00pm				Jungle Night Yoga			

SPECIAL EVENTS

ART x PPGY
Vernissage

AT PPGY VISION GALLERY

Multidisciplinary installation by photographer Diego Miranda
craft surf boards display by Cheboards, pro tips on sustainable
travel by The 5 Minute Foundation, groovy DJ sets, craft beers,
and a sustainable pop-up shop by Felicity Swimwear.

Thursday, March 23
4:00 pm - 7:00 pm



OSTRA
into the *Amazon*

Enjoy an unforgettable Amazonian tasting
menu by Guest Chef Pedro Miguel Schiaffino.

March 20 & 21, 2023

RSVP Required. Regular menu will also be available

**CLICK HERE TO BOOK YOUR ACTIVITIES
OR VISIT andazcostarica.as.me**

Wellness

Nature

Taste our flavors

Culture

Activity cost per person is detailed on the scheduling website.

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ALL ACTIVITIES MUST BE BOOKED IN ADVANCE. Ask your host about scheduling a private activity for you or your family. Activities may be cancelled if a minimum attendance is not met or weather does not permit.



BEACH ACTIVITIES

Activity cost per person is detailed on the scheduling website.

GUIDED PADDLE BOARD

Friday to Sunday

8:00am | From Sombrero Oscuro

10:00am | From Beach House

CORAL SNORKELING **HELP THE ENVIRONMENT!**



Monday to Thursday | 8:00am

From Sombrero Oscuro

Visit a coral nursery and look at the ocean from another perspective. 100% of the cost of the activity will be donated to the Coral Restoration Program.

GUIDED SNORKELING

Monday to Thursday | 10:00am

From Beach House

GUIDED KAYAK

Every day

2:00pm | From Sombrero Oscuro & Beach House

COMPLIMENTARY AMENITIES

Use of snorkel equipment, kayaks, stand up paddle boards (SUP), electric assist bike network, use of beach games, use of ONDA Spa relaxation area, access to indoor and outdoor fitness areas, access to Nature Center, scheduled transportation within Peninsula Papagayo

PENINSULA ADVENTURES

Join the Papagayo Explorers and explore the peninsula. Zipline, hike, mountain bike, paddle through a magical mangrove or more.

Get in touch with concierge, click here, or visit papagayoexplorers.com



DON'T MISS... PALMARES AERIAL ADVENTURE

A unique collection of 30 epic aerial trails designed by adventure park legend Victor Gallo create a not-to-be-missed voyage through one of the last vestiges of old-growth tropical dry forest in the Americas. The two-hour guided exploration traverses seven ziplines, a majestic weeping fig tree, and 21 adventure-filled high-rope obstacles replete with rope bridges, swinging logs, cargo nets and more.

DURATION	SHARED	PRIVATE	WHAT WE LOVE
3 hrs	\$155 + tax	\$1,100 + tax (up to 5)	The opportunity to zipline, tree climb and challenge yourself on high-rope obstacles

Book your adventure with concierge

LIVE MUSIC

OSTRA

PAPAGAYO VINYL EXPERIENCE

2:30pm - 5:30pm

Thursday, March 16
Friday, March 17

CHAO



PESCAO
TAPAS BAR

LATIN BAND

6:15pm - 9:15pm

Monday, March 13
Tuesday, March 14
Wednesday, March 15
Saturday, March 18
Thursday, March 23
Saturday, March 25

TRANSPORTATION TO BEACH HOUSE

BOAT SERVICE HOURS

Starts at 9:30am from Sombrero Oscuro

12:00pm to 1:00pm - No service. Last trip at 4:00pm from Beach House

(Subject to change due to weather conditions. To confirm boat service is operating, dial 0)

SHUTTLE SERVICE HOURS

Península shuttle 6:00am to 10:00pm

Every 30 minutes from the Lobby

Service to Beach House starts at 9:30am from Lobby