


# ACTIVITIES CALENDAR

DECEMBER 4-10, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00am	Chorotegas Walk at the Forest	Chorotegas Walk at the Forest	Chorotegas Walk at the Forest	Chorotegas Walk at the Forest	Chorotegas Walk at the Forest	Chorotegas Walk at the Forest	Chorotegas Walk at the Forest
8:30am		Ancestral Yoga		Ancestral Yoga	Ancestral Yoga	Ancestral Yoga	Ancestral Yoga
10:00am	Canvas Painting Art	Canvas Painting Art ----- Sound Healing	Canvas Painting Art	Canvas Painting Art ----- Sound Healing	Canvas Painting Art ----- Chakra Healing Meditation	Canvas Painting Art ----- Sound Healing	Canvas Painting Art ----- Chakra Healing Meditation
1:00pm	Becoming a Barista ----- Ancestral Yoga	Becoming a Barista ----- Latin Dance Class	Becoming a Barista ----- Ancestral Yoga	Becoming a Barista ----- Latin Dance Class	Becoming a Barista	Becoming a Barista	Becoming a Barista
3:00pm	Mixology Class ----- Pura Vida Kitchen ----- Chakra Healing Meditation ----- Pottery Painting	Mixology Class ----- Ceviche Class ----- The Art of Nature Complimentary Activity RSVP required	Mixology Class ----- Pura Vida Kitchen ----- Chakra Healing Meditation ----- Spanish Class Complimentary Activity RSVP required	Mixology Class ----- Ceviche Class ----- Pottery Painting	Mixology Class ----- Pura Vida Kitchen ----- The Art of Nature Complimentary Activity RSVP required	Mixology Class ----- Ceviche Class ----- Spanish Class Complimentary Activity RSVP required	Mixology Class ----- ----- ----- Pottery Painting
					Tropical Cambi 6:00pm - 10:00pm Cambi RSVP required	Soccer Clinic 8:00am Jardín RSVP required	
SPECIALS		Lucha Libre Taquería 5:30pm - 9:30pm Rio Bhongo RSVP recommended	<b>LA PIAZZA</b> 5:00pm - 9:00pm - El Patio RSVP recommended				Río Barbecue 5:30pm - 9:30pm Rio Bhongo RSVP recommended
	<b>OSTRA</b> <i>presents</i> <b>NEGRONI WEEK</b>  December 4-10, 5:30pm - 10:00pm						

CLICK HERE TO BOOK YOUR ACTIVITIES  
OR VISIT [andazcostarica.as.me](http://andazcostarica.as.me)

Wellness Nature Taste our flavors Culture

Activity cost per person is detailed on the scheduling website.

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ALL ACTIVITIES MUST BE BOOKED IN ADVANCE. Ask your host about scheduling a private activity for you or your family. Activities may be cancelled if a minimum attendance is not met or weather does not permit.



## BEACH ACTIVITIES

Activity cost per person is detailed on the scheduling website.

### CORAL SNORKELING **HELP THE ENVIRONMENT!**



**Monday to Thursday** | 8:30am

From Sombrero Oscuro

Visit a coral nursery and look at the ocean from another perspective. 100% of the cost of the activity will be donated to the Coral Restoration Program.

### JICARO VALLEY OCEAN EXPLORATION

**Saturday & Sunday** | 9:30am

From Nacascolo

### GUIDED SNORKELING

**Wednesday to Friday** | 10:00am | From Nacascolo

**Saturday to Sunday** | 2:00pm | From Nacascolo

### GUIDED PADDLE BOARD

**Monday to Wednesday** | 6:00am | From Sombrero Oscuro

**Friday to Sunday** | 8:30am | From Sombrero Oscuro

**Monday & Tuesday** | 10:00am | From Nacascolo

**Wednesday to Friday** | 2:00pm | From Nacascolo

### GUIDED KAYAK

**Monday to Sunday** | 2:00pm | From Sombrero Oscuro

**Monday & Tuesday** | 2:00pm | From Nacascolo

## COMPLIMENTARY AMENITIES

Use of snorkel equipment, kayaks, stand up paddle boards (SUP), electric assist bike network, use of beach games, use of ONDA Spa relaxation area, access to indoor and outdoor fitness areas, access to Nature Center, scheduled transportation within Peninsula Papagayo

## PENINSULA ADVENTURES

Join the Papagayo Explorers and explore the peninsula. Zipline, hike, mountain bike, paddle through a magical mangrove or more.

Get in touch with concierge, [click here](#), or visit [papagayoexplorers.com](http://papagayoexplorers.com)



## DON'T MISS...

### PALMARES AERIAL ADVENTURE

A unique collection of 30 epic aerial trails designed by adventure park legend Victor Gallo create a not-to-be-missed voyage through one of the last vestiges of old-growth tropical dry forest in the Americas. The two-hour guided exploration traverses seven ziplines, a majestic weeping fig tree, and 21 adventure-filled high-rope obstacles replete with rope bridges, swinging logs, cargo nets and more.

DURATION	SHARED	PRIVATE	WHAT WE LOVE
3 hrs	\$155 + tax	\$1,100 + tax (up to 5)	The opportunity to zipline, tree climb and challenge yourself on high-rope obstacles

Book with concierge

## LIVE MUSIC

**OSTRA**

Vinyl Experience

Wed 6, Thu 7  
6:30pm - 9:30pm

**RIO BHONGO**

2-piece band

Tue 5, Fri 8, Sun 10  
6:15pm - 9:15pm

**CHAO PESCAO**

Latin band

Mon 4, Thu 7, Sat 9  
6:15pm - 9:15pm

## TRANSPORTATION TO NACASCOLO BEACH

### BOAT SERVICE HOURS

Starts at 9:30am from Sombrero Oscuro

12:00pm to 1:15pm - No service. Last trip at 3:45pm from Nacascolo

*(Subject to change due to weather conditions. To confirm boat service is operating, dial 0)*

### SHUTTLE SERVICE HOURS

Peninsula shuttle 6:00am to 10:00pm

Every 30 minutes from the Lobby

Service to Nacascolo starts at 9:30am from Lobby